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Vistakon debuts SiH DW

Contact lens receives FDA clearance, becomes first silicone hydrogel daily wear in the U.S.

By Ron Rajecki

Orlando, FL—The first contact lens (CL) that combines the comfort of silicone hydrogel (SiH) and the convenience and eye health characteristics of a daily wear (DW) disposable lens was introduced here at the annual meeting of the American Optometric Association.

The Vistakon division of Johnson & Johnson Vision Care Inc. announced that it has received clearance from the FDA to market the first hydrogel daily disposable lens in the U.S. The company is marketing the new lens under the name 1-DAY ACUVUE TruEye.

According to Vistakon, 1-DAY ACUVUE Tru-Eye combines a high-performance SiH material (narafilcon B) with the hygiene, flexibility, and convenience of a 1-day replacement lens. The lens features HYDRACLEAR 1, a proprietary formulation of the company's patented



The eye at right is wearing a 1-DAY ACUVUE TruEye contact lens. The fellow eye is uncorrected. (Photos provided by Vistakon, Division of Johnson & Johnson Vision Care Inc.)

HYDRACLEAR wetting technology, and also offers the highest level of UV protection available in a CL, the company said.

Colleen Riley, OD, MS, FAAO, vice-president, professional development and medical

affairs, Vistakon, told *Optometry Times* that the 1-DAY ACUVUE TruEye represents a "no compromises" product.

"You really can't ask for much more in a See **SiH DW** on page 6

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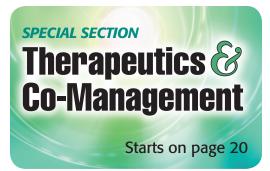
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Minimize complications, maximize success

Proper treatment regimens, human touch both key to postop care

Dr. Morgenstern

By Ron Rajecki

Reviewed by Andrew S. Morgenstern, OD

New York—When it comes to PRK and LASIK, a standardized pre- and post-procedure drug therapy regimen is important to minimize the possible complications of the procedures. That, combined with the "human element"

provided by optometrists, can make the difference between a happy patient and an unhappy one, said Andrew S. Morgenstern, OD, at International Vision Expo East.

"LASIK and PRK are more successful than ever. But no matter how technologically advanced we get, we still need proper optometric management from a human perspective," said Dr. Morgenstern, clinical director, TLC Laser Eye Centers, Washington, DC, region. "Without a great, caring optometrist taking care of a refractive surgery patient's needs on a daily, weekly, and monthly basis, you're not going to have a happy patient."

Dr. Morgenstern offered pre- and postoperative treatment regimens specifically designed to minimize the complications and maximize the success of the two procedures.

"In PRK patients, the main complications to avoid are infection and haze—infection early and haze late," he said.

One week prior to surgery, patients are advised to add 1,000 mg of vitamin C per day to their diets. This will continue 6 to 8 weeks following the procedure.

The day prior to the surgery, Dr. Morgenstern recommended starting treatment with gatifloxacin ophthalmic solution (Zymar, Allergan), and continuing it for 1 week after surgery.

The night before and the morning of the surgery, patients are instructed to take one dose of gabapentin (Neurontin, Pfizer) to minimize

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